



catawba county

MAKING. LIVING. BETTER.

CATAWBA COUNTY PARKS

MOUNTAIN CREEK PARK

6554 LITTLE MOUNTAIN RD | SHERRILLS FORD NC 28673 | 828-465-9645

PARK RULES

Please observe our park rules to ensure your visit is safe and enjoyable. Thank you for helping us protect our natural heritage.

- Camping and Fires:** Camping is not allowed. Fires are only allowed in designated grills.
- Safety Gear:** Wearing a helmet and any necessary safety gear when bike riding is recommended.
- Dogs:** Must have a valid rabies tag. Dogs outside the fenced dog park must be on a leash.
- Children:** Children under the age of 16 must be accompanied by an adult.
- Lake Access:** No swimming or wading.
- Trash:** Please throw trash in proper receptacles located throughout the park.
- Fishing:** Permitted only during park hours in designated areas or fishing pier. NC Wildlife Resources Commission regulations apply.
- Drones:** Not allowed.
- Motorized Vehicles:** Class 1, pedal-assist E-bikes are permitted. All other motorized vehicles are not permitted on trails.
- Guns and Fireworks:** Fireworks, firearms and all other weapons are not allowed. Carrying legally permitted concealed handguns in Catawba County Parks is allowed.
- Natural Resources:** The removal of any plant, animal or artifact is not allowed.
- Hunting and Trapping:** Not allowed. All Catawba County Parks are wildlife reserves.
- Alcohol and Smoking:** Smoking and the possession or drinking of alcoholic beverages is not allowed.

TRAIL ETIQUETTE

- Ride on open trails only**
- Leave no trace:** Stay on existing trails. Be sure to pack out your trash. Don't hike or ride on soft or muddy trails.
- Control your bicycle:** Inattention could put yourself and others at unnecessary risk.
- Always yield trail:** Let fellow trail users know you're coming. Bicyclists yield to other trail users. Hikers and runners moving uphill have the right of way.
- Make yourself known:** Let fellow trail users know you're coming, offer a hello or give a head nod. This helps create a friendly atmosphere on the trail.
- Be aware of your surroundings**
- Treat other trail users as you want to be treated**
- Respect the wildlife and lands**

TRAIL RATING

Trails are recognized by ease of use, proximity to trailhead, design, line of sight and difficulty in relationship to other trails.

● EASY

Generally closer to the trailhead, have longer sight lines, and may be wider in places.

■ INTERMEDIATE

Usually further from the trailhead or have twisty turns, rollers, berms, and some rock features.

◆ MOST CHALLENGING

Offer the most challenging rides with berms, rock gardens, jumps, and thrills.

TRAIL #	TRAIL NAME	TRAIL MILES	TRAIL RATING	TRAIL DESCRIPTION
1	Stormie Normie	.9	●	MULTI-USE. Paved ADA trail to the lakefront and upper south side amenities.
2	Sunday Stroll	.58	●	HIKERS ONLY. Short, close to parking, access to greater trail system.
3	Sherills Pass	1.43	●	MULTI-USE. Primary trail system access.
4	Aww Shucks	.43	●	MULTI-USE. Mostly singletrack exit/entrance connector to bike trails. Open to foot traffic.
5	Terrells Folly	.29	●	BIKES ONLY. One-way primary route for mountain bikers to enter the trail system.
6	Oh Deer!	.62	●	BIKES ONLY. One-way singletrack with dirt rollers, berms, and rolling ups and downs.
7	Milk and Honey	.58	●	MULTI-USE. One-way singletrack leading back to park entrance.
8	Loblolly Loop	2.52	●	MULTI-USE. Rolling forested loop with creek and stream views.
9	Dutch Oven	.33	■	BIKES ONLY. Tight and twisty flowing singletrack with berms.
10	Tomtastic	.17	■	MULTI-USE. Rolling trail around historic old hunting pond.
11	Jug Town Jump	.12	●	MULTI-USE. Short connector trail to extend or shorten the south loop.
12	Mt. Creek Loop	5.26	● ■	MULTI-USE. Circles the northern section and features creeks, bridges and lakeshore.
13	Wampus Way	.84	●	MULTI-USE. Wide access route from connector bridge to primary central trail hub.
14	Haymaker	.30	■ ◆	BIKES ONLY. Multiple table tops, rock jumps, rollers, berms, and rock garden.
15	Old Boozy	1.26	● ■	MULTI-USE. Rolling forested singletrack.
16	Ladderback	.64	●	MULTI-USE. Connector trail from northernmost trail section to central trail hub.
17	Hot Hole	.36	■	BIKES ONLY. One-way downhill flow with rollers, berms, optional rock drops on some of best elevation.
18	Baked Possum	.29	■	BIKES ONLY. Swooping single track flow with rollers, berms and rocky step-downs.
19	Rabbit Race	.32	● ■	BIKES ONLY. Brief climb yields to downhill single-track purpose-built trail with tall berms and rollers.
20	Iron Lung	.82	●	MULTI-USE. Connector trail to northern trailhead.
21	Cable Ferry	.16	●	MULTI-USE. Shortcut to return to top of bike-only trails.
22	Miners Run	.79	●	BIKES ONLY. Fast, rolling, one-way singletrack connector trail.
23	Shiners Stash	.24	■ ◆	BIKES ONLY. Descending flow over rollers, jumps, drops, and berms through gully with options for rock gardens.
24	Puddle Jump	.27	■	BIKES ONLY. Swooping singletrack with rollers, berms, optional drops and sweeping turns.

TRAIL USE & DIRECTIONALS

— Bike and Hike

- - - Bike Only

- - - Hike Only

▶ One-Way Bike Direction

▶ One-Way Hike Direction

Trailhead

Park Office

Restrooms

Pump Track

Observation Platform

Dog Park

Picnic Shelter

Picnic Area

Playground

Pickle Ball

Fishing Pier

Paddle Launch

Outdoor Classroom

Overflow Parking

Bridge

Contour Lines - 5 foot

Creeks

Transmission Line

Scan the QR code and get a georeferenced map to track your location throughout the park

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